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ಮಹಾನಗರ ಪಾಲಿಕೆ

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BRUHAT BENGALURU MAHANAGARA PALIKE

BENGALURU SOUTH ZONE -

VIJAYANAGAR

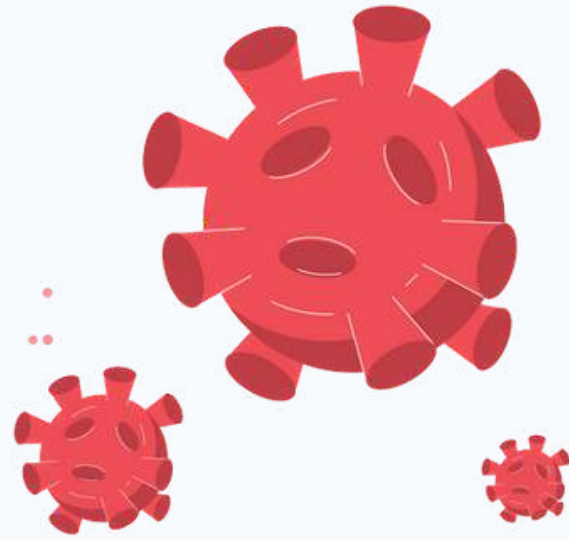
Wards: 122, 123, 124, 132, 133, 134, 157, 158

SRI. M KRISHNAPPA

Member of Legislative Assembly, Vijayanagar Constituency

COVID-19 GUIDE AND CONTACT LIST

If you are a resident of Bengaluru South Zone -
Vijayanagar constituency, or know anyone living in Bengaluru South
Zone, please keep this COVID-19 Contact document handy for all
future use and share it with all your contacts.



#COVID19

COVID-19+ve GUIDE

Please refer to this document with the processes, guidelines and contact lists for every step of the way.

HERE'S A LOOK AT WHAT THIS DOCUMENT COVERS:

- Inform the Bruhat Bengaluru Mahanagara Palike (BBMP) Health Inspector assigned to your ward
- List of first response contacts for Vijayanagar Constituency (Health Department)
- List of second response contacts for Vijayanagar Constituency (Engineering Department)
- List of third response contacts for Vijayanagar Constituency (Revenue Department)
- Confirmation of hospitalization by BBMP officials
- Pre-hospitalization Do' & Don'ts and Checklist
- COVID-19 Contact Tracing Team List
- COVID-19 Testing Contact for South Zone
- Neighbourhood Home Quarantine Watch and Care, South Zone- Assembly Incharges and Escalation Contacts
- Ambulance Services - Emergency Vehicle Information
- Ambulance Services - Harsh Vehicle Information
- Steps to take care of your health

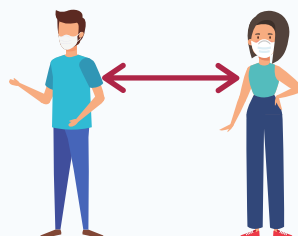
Tips to Prevent COVID-19



Always wear a mask



Sanitize/Wash hands regularly



Maintain distance



Avoid contact with others



Stay at home

If you have received a message that you have been tested positive COVID-19, please do not panic.
Here's what you need to do:

Call the Bruhat Bengaluru Mahanagara Palike (BBMP) Officer as per your BBMP Ward and inform. Share your full address and [Google location through WhatsApp](#).

BBMP SOUTH ZONE, VIJAYANAGAR ASSEMBLY:
FIRST RESPONSE CONTACTS: (HEALTH DEPT.)

| WARD | WARD NAME | HI | CONTACT NUMBER |
|------|-----------------------|-------------------|-----------------------------------|
| 122 | Kempapura Agrahara | Muniyanna | +91-8660022826, +91-9448453115 |
| 123 | Vijayanagar | Adi Narayan | +91-9480683691 |
| 124 | Hosahalli | Srijesh | +91-9448920270 |
| 134 | Bapuji Nagar | C O Jagadeesh | +91-9480683705 |
| 132 | Athiguppe | Maruthi | +91-9632004888 |
| 133 | Hampinagar | Suhasini M.S (IC) | +91-9844614444 |
| 157 | Gali Anjaneyya Temple | H Ramakrishna | +91-9535281958 |
| 158 | Deepanjali Nagar | Suhasini M.S | +91-9844614444 |

TASKS:

- Shifting of COVID positive patients
- Health Survey
- Sanitization

ESCALATION:

| LEVEL | DESIGNATION | NAME | CONTACT NUMBER |
|---------|-------------|--------------------------------|----------------------------------|
| Level 1 | MOH | Dr Komala | +91-9480683911 |
| Level 2 | DHO | Dr Kalpana Dr Bhagyalakshmi | +91-9480683932 +91-9036637839 |
| Level 3 | HO | Dr Shivakumar | +91-9480973395 |

BBMP SOUTH ZONE, VIJAYANAGAR ASSEMBLY: SECOND RESPONSE CONTACTS: (ENGINEERING DEPT.)

| WARD | WARD NAME | AE | CONTACT NUMBER |
|------|-----------------------|----------------------|----------------------------------|
| 122 | Kempapura Agrahara | Girish | +91-7337633528 |
| 123 | Vijayanagar | Girish (I/c) | +91-7337633528 |
| 124 | Hosahalli | Shivanna.B.C | +91-9886165517 +91-9513307766 |
| 134 | Bapuji Nagar | Bhimanaik | +91-9972133650 |
| 132 | Athiguppe | Krishna Murthy (I/c) | +91-9148017440 |
| 133 | Hampinagar | Krishna Murthy | +91-9964281787 |
| 157 | Gali Anjaneyya Temple | Ragunath | +91-9035040899 |
| 158 | Deepanjali Nagar | Ragunath | +91-9035040899 |

ESCALATION:

| LEVEL | DESIGNATION | NAME | CONTACT NUMBER |
|---------|-------------|---------------|----------------|
| Level 1 | EE | Vasanth Kumar | +91-9008746150 |
| Level 2 | AEE | Balagangadhar | +91-9036567996 |

TASKS:

- Barricading of Containment Area / Seal Down Area
- Disinfection
- Grocery Kits for eligible people

KNOW YOUR SYMPTOMS



Shortness of breath



Headache



Sore Throat



Cough



Fever

BBMP SOUTH ZONE, VIJAYANAGAR ASSEMBLY:
THIRD RESPONSE CONTACTS: (REVENUE DEPT.)

| WARD | WARD NAME | RI | CONTACT NUMBER |
|------|-----------------------|-----------------|----------------|
| 122 | Kempapura Agrahara | Selvam P | +91-9448432884 |
| 123 | Vijayanagar | Sumithra | +91-9620370368 |
| 124 | Hosahalli | Bhagyalakshmi | +91-9980520251 |
| 134 | Bapuji Nagar | Shivakumar | +91-9731015738 |
| 132 | Athiguppe | Prakash | +91-9008677102 |
| 133 | Hampinagar | Chandrashekar | +91-9380891869 |
| 157 | Gali Anjaneyya Temple | Janardhan Rajur | +91-9343312350 |
| 158 | Deepanjali Nagar | Abhiliash N | +91-9620111117 |

ESCALATION:

| LEVEL | DESIGNATION | NAME | CONTACT NUMBER |
|---------|-------------------------------|-----------------|----------------|
| Level 1 | ARO (Vijayanagara) | Nirmala S M | +91-9480685723 |
| | ARO (Gali Anjaneya Temple) | Suguna | +91-9986074367 |
| Level 2 | RO | Narasimah Naidu | +91-9480685990 |

TASKS:

- Contact Tracing
- Home Quarantine/Isolation Monitoring



CONFIRMATION OF HOSPITALIZATION BY BBMP OFFICIALS:

BBMP officials will look into the bed availability in Govt hospitals/CCCs. However, if you are keen to be treated in a private hospital, you can call and confirm availability of beds, treatment cost etc. from any of the private hospitals, to name a few:

- Bhagwan Mahaveer Jain Hospital
- Sharavathi Hospital (P) Ltd

***Call and confirm bed availability, also collect Nodal officer's contact from the hospital.*

AMBULANCE TRACING, BED AVAILABILITY AND CO ORDINATION FOR SOUTH ZONE:

- Mohsin - +91-8050908029
- Shreeyanka - +91-8147816903

PRE-HOSPITALIZATION CHECKLIST:

Follow the below giving pointers maximum safety and precautions to yourself, your family members and all others around you.

- If you are in a residential complex inform the RWA President/secretary or focal point.
- BBMP/Health department would need to arrive with an ambulance and make a health assessment, only after the department receives a confirmed report. Please stay home and stay calm.
- Do not self-drive or go with someone to a hospital (Hospitals won't accept at any cost)
- If you have insurance, get all the documents ready (No one from your family cannot come with you).
- If you have a medical history file, keep it ready, especially the latest prescriptions and tests.

PRE-HOSPITALIZATION CHECKLIST: *(Continued)*

- Pack your personal belongings for up to 14 days. Don't forget your daily medications. Pack dry fruits, if needed.
- Carry a thermal flask or an electric kettle if need be for hot water needs (only if you are going to a CCC)
- Ensure you have packed your mobile charger, cable, power bank, laptop
- Ensure you have taken your credit card, Cheque book, Banking details etc. for the payments at the Hospital.
- If you have decided to avail Government service, then the BBMP Health staff would recommend available Hospital for Symptomatic patients and a COVID Care centre/Home Quarantine as per policies, for asymptomatic patients. You may not have an option to choose.
- Start writing down the name and phone number of your primary contacts in the last 7 days. If you had visited any public place like shops, office, parties, gatherings etc. list it down along with date and time. keep this list ready to hand over to the BBMP Team. Be authentic.
- If your House-hold help, cook or driver are a primary contact, ensure your family members have informed them immediately.
- When the ambulance arrives, be ready to leave immediately without making them wait. Once the assessment is done, they would take you to a Private hospital, Government Hospital or a COVID Care Centre.
- In case, there are changes in Hospital or CCC after you leave your home, please call and inform your family members.
- Please be respectful and cooperate with the staff. They are only trying to help amidst this challenging situation
- **In case of any trouble from community or neighbours, call 100 or the local police station.**



COVID TEAM SOUTH ZONE: (ASSEMBLY CONSTITUENCY TAHSILDARS)

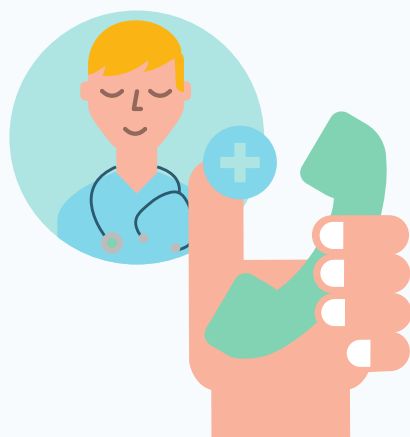
| AREA | CONTACT NUMBER | WARDS |
|------------------|----------------------------------|---|
| Padmanabhanagar: | Amrut +91-7892894607 | 161, 165, 166, 167, 180, 181, 182, 183 |
| Vijayanagar: | Shivakumar +91-94480 18965 | 122, 123, 124, 132, 133, 134, 157, 158 |
| Chickpete: | Sandhya +91-74061 45653 | 118, 119, 142, 143, 144, 145, 153 |
| BTM Layout: | Nisarga Priya +91-97386 54990 | 146, 147, 148, 151, 152, 172, 173, 176 |
| Basavanagudi: | Vishwanath +91-94838 88789 | 154, 155, 156, 162, 163, 164 |
| Jayanagar: | Pruthvi +91-63631 78192 | 168, 169, 170, 171, 177, 178, 179 |

COVID TESTING SOUTH ZONE:

Harshavardhan - +91-9902229213

NEIGHBOURHOOD HOME QUARANTINE WATCH AND CARE, SOUTH ZONE: (ASSEMBLY CO-ORDINATORS)

| AREA | CONTACT NUMBER | WARDS |
|------------------|---------------------------------|---|
| Padmanabhanagar: | Balaji Yadav +91-99010 20304 | 161, 165, 166, 167, 180, 181, 182, 183 |
| Vijayanagar: | Dashmi +91-96068 51492 | 122, 123, 124, 132, 133, 134, 157, 158 |
| Chickpete: | Gokul +91-97409 98998 | 118, 119, 142, 143, 144, 145, 153 |
| BTM Layout: | Reetesh +91-94488 21250 | 146, 147, 148, 151, 152, 172, 173, 176 |
| Basavanagudi: | Manohar +91-94819 51495 | 154, 155, 156, 162, 163, 164 |
| Jayanagar: | Varun +91 98804 92960 | 168, 169, 170, 171, 177, 178, 179 |



**ESCALATION: NEIGHBOURHOOD HOME QUARANTINE WATCH
AND CARE, SOUTH ZONE**

| LEVEL | DESIGNATION | NAME | CONTACT NUMBER |
|---------|-------------------------|----------------|----------------|
| Level 1 | South Zone Deputy Chief | Dhananjaya | +91-9743643489 |
| Level 2 | South Zone Chief | Naveen Mallesh | +91-9741511882 |

Ambulance Services

**BBMP SOUTH ZONE, VIJAYANAGAR ASSEMBLY:
(EMERGENCY VEHICLES INFORMATION)**

| VEHICLE NUMBER | DRIVER NAME | CONTACT NUMBER | VEHICLE TYPE |
|----------------|---------------|----------------|--------------|
| KA 03 C 2908 | Deekshith | +91-9611858208 | Ambulance |
| KA 51 B 8479 | Chandru | +91-8546850551 | Ambulance |
| KA 06 G 0582 | Krishnamurthi | +91-8970063325 | Ambulance |
| KA 5 AE 2457 | Rajesh | +91-9900498894 | TT |
| KA 02 AC 6607 | Kiran | +91-8197273188 | TT |
| KA 51 D 0816 | Shivaswamy | +91-7259376968 | TT |
| KA 13 8169 | Srinivas | +91-9110694268 | TT |
| KA 05 AG 4499 | Yogesh | +91-9972938595 | TT |
| KA 41 B 4199 | Prakash | +91-8550015995 | TT |
| KA 53 B 9704 | Nandish | +91-9632887999 | TT |

AMBULANCE SERVICE ESCALATION:

Shivatandava - +91-7411150505

**BBMP SOUTH ZONE, VIJAYANAGAR ASSEMBLY:
(HARSH VEHICLES INFORMATION)**

| VEHICLE NUMBER | DRIVER NAME | CONTACT NUMBER | CONSTITUENCY |
|----------------|-------------|----------------|----------------------|
| KA 50 A 6525 | Guru | +91-6360645065 | Basavanagudi |
| KA 05 AB 1913 | Venugopal | +91-9535017144 | Vijayanagara |
| KA 17 B 2474 | Hemanta | +91-8867220156 | Padmanabha Nagara |
| KA 02 5080 | Ramu | +91-9972477605 | Chickpete |
| KA 02 D 8719 | Suresh | +91-9945236901 | Jayanagara |
| KA 51 D 0816 | Pavan | +91-9986611834 | BTM Layout |



STEPS TO TAKE CARE OF YOUR HEALTH:



Monitor your body temperature every 2 hours. Call **Apthamitra helpline 14410** and seek guidance in case of fever, cough, cold etc.



If you have a Pulse Oximeter, monitor the Oxygen concentration levels every 2 hours. If your Oxygen level is less than 95%, alert the Senior Health Inspector/POC from BBMP immediately. You need emergency attention.



Do salt water gargling every 3 hours.



Eat healthy food and ensure you are well hydrated.



Isolate and Stay away from your family members.



Try and organise a few N95 masks and wear them.



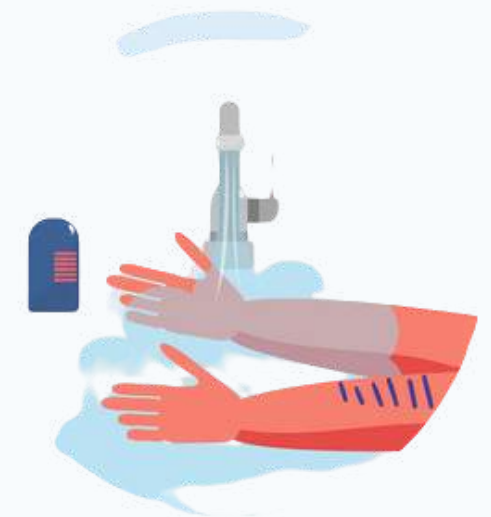
If you feel like freshening up, please do so with precaution.



In case of breathing discomfort or health issues call **Apthamitra helpline 14410**.



Stay calm and rest till the ambulance arrives.



SRI. TEJASVI SURYA

Member of Parliament, Bangalore South Parliamentary Constituency

Mobile: +91-9916836964 | Office: 080-26724343

SRI. M KRISHNAPPA

Member of Legislative Assembly, Vijayanagar Constituency

Mobile: +91-9845025556

| WARD | WARD NAME | COUNSELLOR | CONTACT NUMBER |
|------|-----------------------|------------------------|-----------------------------------|
| 122 | Kempapura Agrahara | Gayathri M | +91-8147363877 |
| 123 | Vijayanagar | Srilatha Gopinathraju | +91-9632725352 |
| 124 | Hosahalli | Mahalakshmi H Ravindra | +91-9538316929, +91-9538466707 |
| 134 | Bapuji Nagar | Azmal Beig | +91-9845133617 |
| 132 | Athiguppe | Dr. S Raju | +91-9448357402 |
| 133 | Hampinagar | Anand C Hosur | +91-9845848482 |
| 157 | Gali Anjaneyya Temple | Uma N | +91-9886542114 |
| 158 | Deepanjali Nagar | Anupama Dharmapal | +91-8904466465 |

SRI.V N VEERABHADRA SWAMY

Joint Commissioner, BBMP South Zone

Mobile: +91-9901462568

| DESIGNATION | NAME | CONTACT NUMBER |
|---|-----------------------|----------------|
| Health Officer, BBMP South Zone | Sri. Dr Shiva Kumar | +91-9480973395 |
| Deputy Health Officer, BBMP South Zone | Sri. Dr Kalpana | +91-9480683932 |
| Deputy Health Officer, BBMP South Zone | Sri. Dr Bhagyalakshmi | +91-9036637839 |
| Deputy Commissioner, Revenue South Zone | Smt. R Lakshmi Devi | +91-9480973395 |
| Chief Engineer, BBMP South Zone | Sri. B R Mudduraj | +91-9480684037 |
| Superintendent Engineer, SWM South Zone | Sri. Narasa Rao | +91-9480683174 |