



ಬೃಹತ್ ಬೆಂಗಳೂರು  
ಮಹಾನಗರ ಪಾಲಿಕೆ

ಬೃಹತ್ ಬೆಂಗಳೂರು ಮಹಾನಗರ ಪಾಲಿಕೆ  
BRUHAT BENGALURU MAHANAGARA PALIKE

**BENGALURU SOUTH ZONE -**

**CHICKPETE**

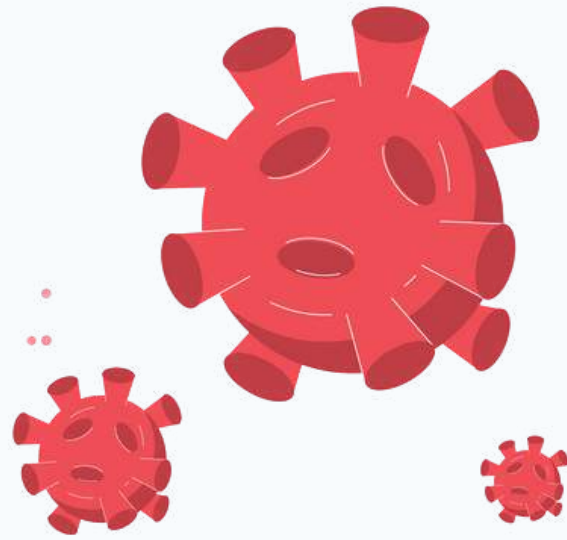
Wards: 118, 119, 142, 143, 144, 145, 153

**SRI.UDAY GARUDACHAR**

Member of Legislative Assembly, Chickpete Constituency

## COVID-19 GUIDE AND CONTACT LIST

If you are a resident of Bengaluru South Zone -  
Chickpete constituency, or know anyone living in Bengaluru South  
Zone, please keep this COVID-19 Contact document handy for all  
future use and share it with all your contacts.



**#COVID19**

# COVID-19+ve GUIDE

Please refer to this document with the processes, guidelines and contact lists for every step of the way.

## HERE'S A LOOK AT WHAT THIS DOCUMENT COVERS:

- Inform the Bruhat Bengaluru Mahanagara Palike (BBMP) Health Inspector assigned to your ward
- List of first response contacts for Chickpete Constituency (Health Department)
- List of second response contacts for Chickpete Constituency (Engineering Department)
- List of third response contacts for Chickpete Constituency (Revenue Department)
- Confirmation of hospitalization by BBMP officials
- Pre-hospitalization Do' & Don'ts and Checklist
- COVID-19 Contact Tracing Team List
- COVID-19 Testing Contact for South Zone
- Neighbourhood Home Quarantine Watch and Care, South Zone- Assembly Incharges and Escalation Contacts
- Ambulance Services - Emergency Vehicle Information
- Ambulance Services - Harsh Vehicle Information
- Steps to take care of your health

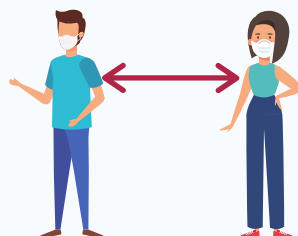
## Tips to Prevent COVID-19



Always wear a mask



Sanitize/Wash hands regularly



Maintain distance



Avoid contact with others



Stay at home

If you have received a message that you have been tested positive COVID-19, please do not panic.  
Here's what you need to do:

Call the Bruhat Bengaluru Mahanagara Palike (BBMP) Officer as per your BBMP Ward and inform. Share your full address and [Google location through WhatsApp](#).

**BBMP SOUTH ZONE, CHICKPETE ASSEMBLY:**  
**FIRST RESPONSE CONTACTS: (HEALTH DEPT.)**

WARD	WARD NAME	HI	CONTACT NUMBER
118	Sudamanagar	Velu	+91-9480683159
119	Dharmaraya Temple	Seetharam	+91-9480683697
142	Sunkenahalli	Kesari K C	+91-9902272275
143	V.V.Puram	Rammanna	+91-94806-83627
144	Siddapura	Velu (IC)	+91-9480683159
145	Hombegowdanagar	Ravindra Ijeri	+91-88674-57504, +91-86185-83654
153	Jayanagar	Ravindra Ijeri	+91-88674-57504, +91-86185-83654

**TASKS:**

- Shifting of COVID positive patients
- Health Survey
- Sanitization

**ESCALATION:**

LEVEL	DESIGNATION	NAME	CONTACT NUMBER
Level 1	MOH	Dr Devika Rani	+91-9480683897
Level 2	DHO	Dr Kalpana Dr Bhagyalakshmi	+91-9480683932 +91-9036637839
Level 3	HO	Dr Shivakumar	+91-9480973395

**BBMP SOUTH ZONE, CHICKPETE ASSEMBLY: SECOND  
RESPONSE CONTACTS: (ENGINEERING DEPT.)**

WARD	WARD NAME	AE	CONTACT NUMBER
118	Sudamanagar	Sathya	+91-9980140025
119	Dharmaraya Temple	Sathya (I/c.)	+91-9980140025
142	Sunkenahalli	Pradeep kumar	+91-9480685656
143	V.V.Puram	Benakesh	+91-9448444598
144	Siddapura	Kotresh Naik	+91-9480162389
145	Hombegowdanagar	Rangaswamy K L	+91-9902064578
153	Jayanagar	Narasimhiah	+91-9108316319

**ESCALATION:**

LEVEL	DESIGNATION	NAME	CONTACT NUMBER
Level 1	EE	Valu Rathod	+91-9480684119
Level 2	AEE	Prasana	+91-9844416237

**TASKS:**

- Barricading of Containment Area / Seal Down Area
- Disinfection
- Grocery Kits for eligible people

**KNOW YOUR SYMPTOMS**



Shortness  
of breath



Headache



Sore Throat



Cough



Fever

**BBMP SOUTH ZONE, CHICKPETE ASSEMBLY:**  
**THIRD RESPONSE CONTACTS: (REVENUE DEPT.)**

WARD	WARD NAME	RI	CONTACT NUMBER
118	Sudamanagar	Venkatesh (Ri)	+91-9980726694
119	Dharmaraya Temple	Dorairaj (RI)	+91-9900595529
142	Sunkenahalli	Somashekar	+91-9449456859
143	V.V.Puram	Govindaraj	+91-9900691698
144	Siddapura	M.M.Babu	+91-9620096700
145	Hombegowdanagar	Babu	+91-9448257877
153	Jayanagar	Renuka	+91-9632703871

**ESCALATION:**

LEVEL	DESIGNATION	NAME	CONTACT NUMBER
Level 1	ARO (Hombegowdanagara)	J Somashekar	+91-9480684087
	ARO (Kempegowdanagara)	Ananda.K.S	+91-9945005677
Level 2	RO	Eshwar Raidu	+91-9480685450

**TASKS:**

- Contact Tracing
- Home Quarantine/Isolation Monitoring



**CONFIRMATION OF HOSPITALIZATION BY BBMP OFFICIALS:**

BBMP officials will look into the bed availability in Govt hospitals/CCCs. However, if you are keen to be treated in a private hospital, you can call and confirm availability of beds, treatment cost etc. from any of the private hospitals, to name a few:

- KIMS, Bengaluru
- Phoenix Hospital
- Maiya Multi Speciality Hospital
- Trinity hospital heart and foundation Basavanagudi
- Agadi Hospital
- MEDCARE Hospital
- Sri Krishna Nursing Home
- Rangadore Memorial hospital
- The Bangalore Hospital
- Trust well Hospital

*\*\*Call and confirm bed availability, also collect Nodal officer's contact from the hospital.*

**AMBULANCE TRACING, BED AVAILABILITY AND CO ORDINATION FOR SOUTH ZONE:**

- Mohsin - +91-8050908029
- Shreeyanka - +91-8147816903

**PRE-HOSPITALIZATION CHECKLIST:**

Follow the below giving pointers maximum safety and precautions to yourself, your family members and all others around you.

- If you are in a residential complex inform the RWA President/secretary or focal point.
- BBMP/Health department would need to arrive with an ambulance and make a health assessment, only after the department receives a confirmed report. Please stay home and stay calm.
- Do not self-drive or go with someone to a hospital (Hospitals won't accept at any cost)
- If you have insurance, get all the documents ready (No one from your family cannot come with you).
- If you have a medical history file, keep it ready, especially the latest prescriptions and tests.

**PRE-HOSPITALIZATION CHECKLIST:** *(Continued)*

- Pack your personal belongings for up to 14 days. Don't forget your daily medications. Pack dry fruits, if needed.
- Carry a thermal flask or an electric kettle if need be for hot water needs (only if you are going to a CCC)
- Ensure you have packed your mobile charger, cable, power bank, laptop
- Ensure you have taken your credit card, Cheque book, Banking details etc. for the payments at the Hospital.
- If you have decided to avail Government service, then the BBMP Health staff would recommend available Hospital for Symptomatic patients and a COVID Care centre/Home Quarantine as per policies, for asymptomatic patients. You may not have an option to choose.
- Start writing down the name and phone number of your primary contacts in the last 7 days. If you had visited any public place like shops, office, parties, gatherings etc. list it down along with date and time. keep this list ready to hand over to the BBMP Team. Be authentic.
- If your House-hold help, cook or driver are a primary contact, ensure your family members have informed them immediately.
- When the ambulance arrives, be ready to leave immediately without making them wait. Once the assessment is done, they would take you to a Private hospital, Government Hospital or a COVID Care Centre.
- In case, there are changes in Hospital or CCC after you leave your home, please call and inform your family members.
- Please be respectful and cooperate with the staff. They are only trying to help amidst this challenging situation
- **In case of any trouble from community or neighbours, call 100 or the local police station.**



## **COVID TEAM SOUTH ZONE: (ASSEMBLY CONSTITUENCY TAHSILDARS)**

AREA	CONTACT NUMBER	WARDS
Padmanabhanagar:	Amrut +91-7892894607	161, 165, 166, 167, 180, 181, 182, 183
Vijayanagar:	Shivakumar +91-94480 18965	122, 123, 124, 132, 133, 134, 157, 158
Chickpete:	Sandhya +91-74061 45653	118, 119, 142, 143, 144, 145, 153
BTM Layout:	Nisarga Priya +91-97386 54990	146, 147, 148, 151, 152, 172, 173, 176
Basavanagudi:	Vishwanath +91-94838 88789	154, 155, 156, 162, 163, 164
Jayanagar:	Pruthvi +91-63631 78192	168, 169, 170, 171, 177, 178, 179

## **COVID TESTING SOUTH ZONE:**

Harshavardhan - +91-9902229213

## **NEIGHBOURHOOD HOME QUARANTINE WATCH AND CARE, SOUTH ZONE: (ASSEMBLY CO-ORDINATORS)**

AREA	CONTACT NUMBER	WARDS
Padmanabhanagar:	Balaji Yadav +91-99010 20304	161, 165, 166, 167, 180, 181, 182, 183
Vijayanagar:	Dashmi +91-96068 51492	122, 123, 124, 132, 133, 134, 157, 158
Chickpete:	Gokul +91-97409 98998	118, 119, 142, 143, 144, 145, 153
BTM Layout:	Reetesh +91-94488 21250	146, 147, 148, 151, 152, 172, 173, 176
Basavanagudi:	Manohar +91-94819 51495	154, 155, 156, 162, 163, 164
Jayanagar:	Varun +91 98804 92960	168, 169, 170, 171, 177, 178, 179





**ESCALATION: NEIGHBOURHOOD HOME QUARANTINE WATCH  
AND CARE, SOUTH ZONE**

LEVEL	DESIGNATION	NAME	CONTACT NUMBER
Level 1	South Zone Deputy Chief	Dhananjaya	+91-9743643489
Level 2	South Zone Chief	Naveen Mallesh	+91-9741511882

## Ambulance Services

**BBMP SOUTH ZONE, CHICKPETE ASSEMBLY:  
(EMERGENCY VEHICLES INFORMATION)**

VEHICLE NUMBER	DRIVER NAME	CONTACT NUMBER	VEHICLE TYPE
KA 03 C 2908	Deekshith	+91-9611858208	Ambulance
KA 51 B 8479	Chandru	+91-8546850551	Ambulance
KA 06 G 0582	Krishnamurthi	+91-8970063325	Ambulance
KA 5 AE 2457	Rajesh	+91-9900498894	TT
KA 02 AC 6607	Kiran	+91-8197273188	TT
KA 51 D 0816	Shivaswamy	+91-7259376968	TT
KA 13 8169	Srinivas	+91-9110694268	TT
KA 05 AG 4499	Yogesh	+91-9972938595	TT
KA 41 B 4199	Prakash	+91-8550015995	TT
KA 53 B 9704	Nandish	+91-9632887999	TT

**AMBULANCE SERVICE ESCALATION:**

Shivatandava - +91-7411150505

**BBMP SOUTH ZONE, CHICKPETE ASSEMBLY:**  
**(HARSH VEHICLES INFORMATION)**

VEHICLE NUMBER	DRIVER NAME	CONTACT NUMBER	CONSTITUENCY
KA 50 A 6525	Guru	+91-6360645065	Basavanagudi
KA 05 AB 1913	Venugopal	+91-9535017144	Vijayanagara
KA 17 B 2474	Hemanta	+91-8867220156	Padmanabha Nagara
KA 02 5080	Ramu	+91-9972477605	Chickpete
KA 02 D 8719	Suresh	+91-9945236901	Jayanagara
KA 51 D 0816	Pavan	+91-9986611834	BTM Layout



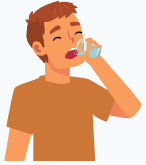
## **STEPS TO TAKE CARE OF YOUR HEALTH:**



Monitor your body temperature every 2 hours. Call **Apthamitra helpline 14410** and seek guidance in case of fever, cough, cold etc.



If you have a Pulse Oximeter, monitor the Oxygen concentration levels every 2 hours. If your Oxygen level is less than 95%, alert the Senior Health Inspector/POC from BBMP immediately. You need emergency attention.



Do salt water gargling every 3 hours.



Eat healthy food and ensure you are well hydrated.



Isolate and Stay away from your family members.



Try and organise a few N95 masks and wear them.



If you feel like freshening up, please do so with precaution.



In case of breathing discomfort or health issues call **Apthamitra helpline 14410**.



Stay calm and rest till the ambulance arrives.



**SRI. TEJASVI SURYA**

Member of Parliament, Bangalore South Parliamentary Constituency

Mobile: +91-9916836964 | Office: 080-26724343

**SRI. UDAY GARUDACHAR**

Member of Legislative Assembly, Chickpete Constituency

Mobile: 9845046722

WARD	WARD NAME	COUNSELLOR	CONTACT NUMBER
118	Sudamanagar	R V Yuvaraj	+91-9986862337
119	Dharmaraya Temple	Prathibha Dhanaraj	+91-9886825904, +91-9448385014
142	Sunkenahalli	D N Ramesh	+91-9845966449
143	V.V.Puram	Vani V Rao	+91-9886456012
144	Siddapura	Muzahid Pasha	+91-9886031387
145	Hombegowdanagar	D Chandrappa	+91-9845196410
153	Jayanagar	Gangambika	+91-9448063498, +91-9945584209

**SRI.V N VEERABHADRA SWAMY**

Joint Commissioner, BBMP South Zone

Mobile: +91-9901462568

DESIGNATION	NAME	CONTACT NUMBER
Health Officer, BBMP South Zone	Sri. Dr Shiva Kumar	+91-9480973395
Deputy Health Officer, BBMP South Zone	Sri. Dr Kalpana	+91-9480683932
Deputy Health Officer, BBMP South Zone	Sri. Dr Bhagyalakshmi	+91-9036637839
Deputy Commissioner, Revenue South Zone	Smt. R Lakshmi Devi	+91-9480973395
Chief Engineer, BBMP South Zone	Sri. B R Mudduraj	+91-9480684037
Superintendent Engineer, SWM South Zone	Sri. Narasa Rao	+91-9480683174